

DEBT WORRIES?

We'll help you find the right solution to alleviate financial stress.

902 425 3100

BDO Canada Limited
Trustee in Bankruptcy | Credit Counsellors | Proposal Administrators
www.bdodebthelp.ca

BDO Canada Limited is an affiliate of BDO Canada LLP. BDO Canada LLP, a Canadian limited liability partnership, is a member of BDO International Limited, a UK company limited by guarantee, and form part of the international BDO network of independent member firms. BDO is the brand name for the BDO network and for each of the BDO Member Firms.



**IS IT MOTHER'S DAY
ALREADY?
GIFT IDEAS TO MAKE
HER SMILE** {pages 18 & 19}

**SEA CHANGE
FOR CORBEIL
EX-MOOSEHEAD THRIVES
IN SAINT JOHN** {page 23}



LEASING IS BACK

ASK US ABOUT LEASING ONE OF
OUR AWARD WINNING VEHICLES

2011 Sierra Reg Cab



FROM 29 MPG

SAVE
UP TO **\$12,000**

O'REGAN'S
DRIVING HIGHER STANDARDS

CHEVROLET | BUICK
GMC | CADILLAC

2477 ROBIE STREET • HALIFAX • 422-8551
WWW.OREGANSONROBIE.COM

AT O'REGAN'S ON ROBIE. YOUR HALIFAX GM HEADQUARTERS.

HALIFAX

metr

®

Thursday, May 5, 2011
www.metronews.ca



News worth
sharing.

'They should put it on their dollars'

► Peter Kelly tells the NDP a deal is a deal ► John MacDonell says the province won't budge on scrapping a 2007 funding agreement



**ALEX
BOUTILIER**
@METRONEWS.CA

Mayor Peter Kelly is asking the province to postpone legislation he says will cost the municipality \$45 million in "unexpected costs" over the next four years.

But his provincial counterparts say he's framing the issue all wrong.

Kelly, along with Union of Nova Scotia Municipalities president Billy Joe MacLean, appeared before the province's law amendments committee yesterday afternoon to again speak out against Bill 27.

The bill scraps a 2007 memorandum of understanding between the two levels of government in which the province agreed to shoulder more costs for corrections, education and public housing. In exchange, the UNSM agreed to create and fund municipal auditor general positions.

But Municipal Relations Minister John MacDonell revealed in



RYAN TAPLIN/METRO

**"Balancing the
province's books on the
backs of municipalities
is not a viable solution
to the economic issues
Nova Scotia faces. It
merely shifts the
problem to another
level of government."**

MAYOR PETER KELLY

March the province will use an exit clause built into the MOU because it cannot afford the extra burden.

Kelly, along with other Nova Scotia mayors, marched to Province House last month to speak out against the decision. He reaffirmed yesterday HRM will have to cut services, raise taxes or both to make up the shortfall.

"We're expected to cut our service to fund provincial programs? I don't think so," he said. "That's their responsibility. They should put it on their dollars, not our dollars."

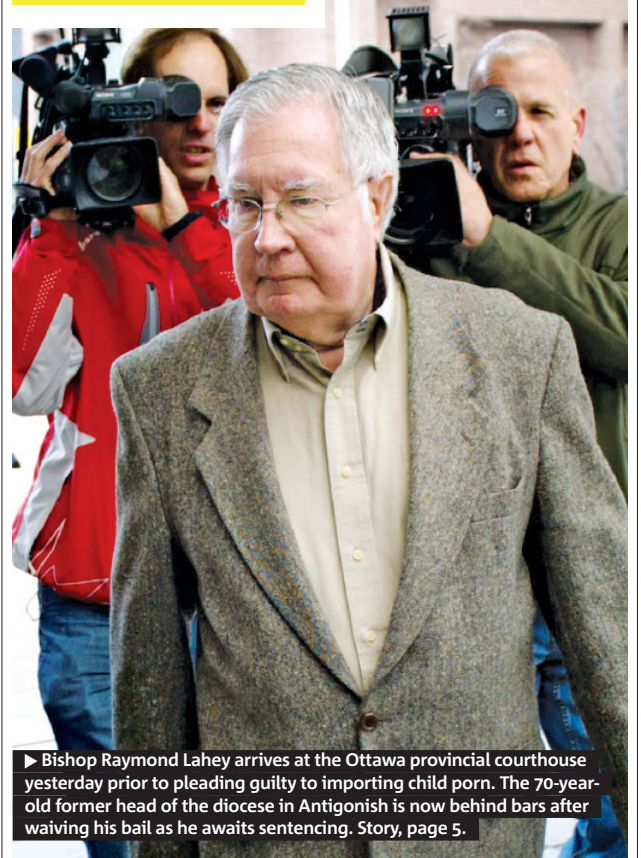
But MacDonnell said scrapping the MOU is not "downloading" on the municipalities, so much as not uploading.

"They've already (been) collecting these costs for years, so unless they're going to double bill their residents, there should be no tax increase," said MacDonell.

"It's all good rhetoric, but in the real world it doesn't add up."

MacDonell reiterated the province does not plan on changing its mind before the bill comes to a vote in the House of Assembly.

Bishop. Plea



SEAN KILPATRICK/THE CANADIAN PRESS

► Bishop Raymond Lahey arrives at the Ottawa provincial courthouse yesterday prior to pleading guilty to importing child porn. The 70-year-old former head of the diocese in Antigonish is now behind bars after waiving his bail as he awaits sentencing. Story, page 5.

Guilty plea in child porn case

LEASING IS BACK
ASK US ABOUT LEASING ONE OF
OUR AWARD WINNING VEHICLES

2011 Silverado Ext Cab

SAVE
UP TO **\$12,000**

Vehicles may not be exactly as shown. See dealer for details.



AT O'REGAN'S ON ROBIE.
YOUR HALIFAX GM HEADQUARTERS.

O'REGAN'S
DRIVING HIGHER STANDARDS

CHEVROLET | BUICK
GMC | CADILLAC

2477 ROBIE STREET
HALIFAX • 422-8551
WWW.OREGANSONROBIE.COM

NEW MULTI-ROOM DVR



LOVE YOUR DVR 
FROM EVERY ROOM!

Access your DVR recordings from any room in the house.

- Start a recorded show on your primary receiver and finish watching it in another room.
- Watch any of your recorded shows on up to four TVs, all at the same time.

**UPGRADE FOR
\$5/MONTH**

Call 1-888-345-1111 for details

eastlink.ca/multi-roomdvr

EASTLINK 

Summer will make up for rain

May showers will bring June flowers, eventually.

David Phillips, national weather expert with Environment Canada, said our region is in for a wet May and a slightly wetter and warmer June than normal.

"It's not as if you've been drenched and you're building arks, it's just been depressing," he said. "It's like

the water torture test."

It's rained every day for the past 18 days.

"That's enough. We feel we've endured winter, and spring should be seen more as summer days than winter days."

Keep in mind there are more wet woes in other areas in the country, Phillips said. Manitoba, for one, is

facing flooding.

Typically, temperatures in Halifax are about 13 C in May and so far we're falling on the mark or a little below. Environment Canada models show this will continue through the month and it will be a slow easing into summer.

But here comes the good news: "We see almost all of

Nova Scotia is going to be normal to warmer than normal for the summer (June to August)," Phillips said, adding there will be a little more precipitation, too.

Indeed the whole country is in for a hotter than average summer, Phillips predicts. But, being Canadian weather, the summer

46 Number of days until the first day of summer (summer solstice) on June 21.

forecast could change quickly, he cautioned. Phillips said he'll have a better idea when Environment Canada releases its summer forecast on June 1.

● JENNIFER TAPLIN

New unit to take profits out of crime: Beazley

► Legislation mirrors 6 other provinces



ALEX
BOUTILIER
@METRONWS.CA

Halifax Regional Police Chief Frank Beazley acknowledged there's no magic bullet to solve the recent rash of shootings in the municipality.

But Beazley said the creation of a new policing unit aimed at seizing the spoils of crime is another tool to dissuade people from breaking the law.

"This is all about greed, in many cases, and it's all about money," said Beazley.

"So if you take the profits out of it, maybe they'll reconsider what they're doing for a living."

The Civil Forfeiture Unit, a two-person team based out of Halifax serving the entire province, will review cases where evidence points to unlawful

"There's no immediate solution when someone makes up their mind that they're going to pick up a gun and go use it in a crime."

FRANK BEAZLEY, HALIFAX REGIONAL POLICE CHIEF

gains, but where no criminal charges are laid.

With the approval of a Supreme Court judge, the unit can seize things like cars, cash, and property should the "balance of probabilities" support the claim they've been obtained through crime or the proceeds thereof.

The sale of those assets is expected to cover the \$200,000 operating cost of the unit, funnelling the rest to crime prevention and victim services.



► Halifax Regional Police Chief Frank Beazley answers questions as Justice Minister Ross Landry listens at a press conference at One Government Place yesterday.

Concert still unofficial

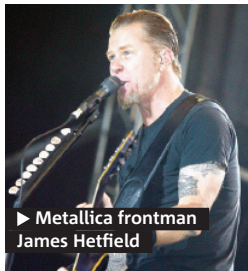
Will today finally be the day?

Rumours of Metallica playing in Halifax have been swirling for weeks, with it being reported that an announcement on the world-famous heavy metal band playing Citadel Hill on July 14 would be coming this week. Citing a source, the local music website At-

lantic Canada Rocks has reported an announcement was coming either yesterday afternoon or this morning.

It also reported tickets will go on sale May 12 in the \$50 to \$60 range. If the show is a go, it will easily be the biggest of the summer for Halifax.

● METRO



► Metallica frontman James Hetfield

News in brief

Teens charged

ROBBERY. Police have charged two teens with the February robbery of the Mic Mac Hotel in Dartmouth. Two males, according to police, entered the hotel just after midnight on Feb. 13 and sprayed the clerk with a sensory irritant. Cash was also stolen. Cary

James Sutherland, 18, and a 17-year-old female are charged. ● METRO

Cops seize drugs

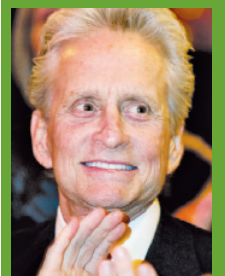
APARTMENT SEARCHED. Four people are facing charges after police searched an apartment in the 100 block of Frederick Street in Halifax last night. Police say the search resulted in drugs and drug paraphernalia being seized. ● METRO



N.Y.C. company set to brew beer based on George Washington's handwritten recipe. Scan the code for the story.

To scan 2D barcodes in Metro, download the free ScanLife app at 2dscan.com.

On the web at
metronews.ca



Actor Michael Douglas gives back to the Montreal hospital that first detected his throat cancer.

Video at
metronews.ca



Follow us on
Twitter
@metrohalifax

Power. Protest



► Supporters of the Ecology Action Centre act out an environmental street drama called *Canaries in a Coal Mine* outside the annual Emera shareholders meeting at the Cunard Centre yesterday.

RYAN TAPLIN/METRO

Rallying against electricity prices

The protesters were calling attention to rising electricity prices and the environmental impact of coal burning.

College faces tuition increase

► Proposed three per cent tuition hike amounts to \$81 more for core programs ► NSCC hasn't raised tuition since 2008



JENNIFER TAPLIN
@METRONEWS.CA

Staff cuts and a tuition increase are on the way for Nova Scotia Community College.

If approved by the province, tuition will increase to the maximum three per cent. NSCC is also cutting 35 staff throughout their 13 campuses.

Don Bureaux, NSCC president, said inflation and salary increases created a \$5.7-million shortfall in the budget. Salaries

make up 73 per cent of the college's operating budget.

Enrolment, however, is not declining at NSCC, but is strong and "remaining steady," he said.

"We're recognizing we're in a new reality for NSCC where we had 10 years of rapid growth and it's now time to make sure the results of that growth are focused, sustainable, and prioritized on the needs of the province," Bureaux said.

Of the 35 staff cuts, 18 will be through retirements and vacancies and

Universities

- Hike Saint Mary's University announced a three per cent tuition hike in March.
- Vote Dalhousie University's board will vote on proposed increases in June.

the other 17 staff members will be notified in the next week. A few programs will be affected: two programs at the Yarmouth campus will be suspended, and another at the Sydney campus will switch to al-

ternate-year intakes.

"There's a mood of understanding because we spent the last month communicating with all our stakeholders; we had a shortfall and we did not take a knee-jerk reaction," Bureaux said.

A three-per cent tuition lift wasn't a big deal for Daniel Penney, a student at the Information Technology campus in north-end Halifax.

Tuition at NSCC is "lower than a lot of the universities and other colleges," he said.

Man charged with impaired driving

Police have charged a 51-year-old Halifax man with impaired driving for allegedly being four times over the legal limit while driving on Highway 102 near Elmsdale earlier this week.

Enfield RCMP say the man was arrested just before 5 p.m. on Tuesday after they received a 911 call about a black BMW swerving and changing speeds on the busy highway.

Police won't give the man's exact blood-alcohol readings but allege it's in the 300 milligram range. The legal limit is 80 milligrams.

"That's staggering," said Const. Les Kakonyi of En-

field RCMP. "I've been a police officer for 30 years, and I can count on one hand how many times I've seen it this high.

"I've seen 260, 280, but in the 300 range — very rare."

As a precautionary measure, paramedics were called to the local RCMP detachment in Enfield where the breathalyzer reading was conducted to monitor the man's condition.

"I can't comprehend. You'd be just totally out of it," Kakonyi said. "You wouldn't be able to have motor control at all to operate a vehicle, let alone a walk ... That's scary."

● METRO

PAYDAY LOANS

Asking for new rules

A Nova Scotia regulator is recommending that online payday loan companies be governed by the same rules as so-called brick and mortar operations.

The Utility and Review Board released a report yesterday saying Internet lenders should be licensed and have a registered office in the province.

The board says that while online companies

in other provinces are reluctant to offer Nova Scotians loans without the necessary licensing approval, there are those in foreign jurisdictions that do — but without consumer protections.

Earlier this year, the board set the maximum cost of borrowing from payday loan companies at \$25 per \$100 borrowed, down from the \$31 figure set in 2008.

The board said it did not draft regulations for online lending, leaving the content of any new guidelines to the discretion of the provincial cabinet.

THE CANADIAN PRESS

Bill to protect temporary workers

Temporary foreign workers in Nova Scotia would get protection from job recruiters who charge high fees to help them find work under legislative changes introduced by the province's NDP government.

Labour Minister Marilyn More says the bill would prevent anyone from charging fees to help workers find jobs and require recruiters to be licensed.

The government says recruiters have been charging high fees for their services.

THE CANADIAN PRESS

TD Insurance gets boost from N.S.

TD Insurance is getting a payroll rebate for more than \$1.8 million from the province to help create 140 jobs in Halifax.

The government says the jobs are expected to be created over the next six years.

The rebate is meant to support employee training.

Workers at the Halifax office provide sales and service support for the Atlantic provinces as well as claims support and administrative functions for the company.

THE CANADIAN PRESS

Getting tough on cemetery vandals

The Tories want to get tougher on those convicted of desecrating cemeteries and other monuments.

The party has brought forward legislation calling for increase fines and jail

times for those convicted of these types of offences.

The legislation calls for maximum fines to increase from \$2,000 to \$20,000.

"We need to send a strong message to would-be

vandals that any acts of disrespect against these monuments are serious and have serious consequences," Tory MLA Keith Bain said in a statement.

● METRO



► Keith Bain

Bishop asks court: Lock me up ... now

► 'Guilty, your honour,' 70-year-old cleric tells judge in child porn case
► Raymond Lahey nabbed at airport ► Computer images, sex toys found



JESSICA
SMITH
METRO OTTAWA

Roman Catholic Bishop Raymond Lahey of Nova Scotia is going directly to jail after he pleaded guilty yesterday to "importing" child pornography.

Lahey, 70, the former head of the diocese in Antigonish, N.S., was caught at the Ottawa airport in September 2009 with photos of boys involved in sexual acts.

"Guilty, your honour," Lahey said in response to the charge that he "did, without lawful excuse, possess for the purposes of importation child pornography in the form of graphic computer images."

Those images included sex acts performed on and

by pubescent boys, Crown prosecutor David Elhadad read in an agreed statement of facts.

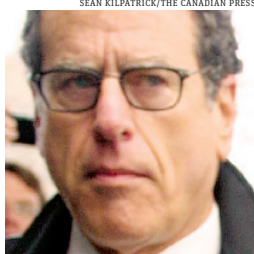
Defence lawyer Michael Edelson told the court Lahey wanted to give up his right to bail and be incarcerated.

"To signal to the court the sincerity and genuineness of his remorse, he wants to be in jail as of today's date," said Edelson.

Lahey came under suspicion after he hesitated and appeared nervous when questioned by a border agent at the airport as he was returning from London, England.

His passport also indicated he had been to Thailand and Indonesia.

A border agent then found a few images she deemed to be child



SEAN KILPATRICK/THE CANADIAN PRESS

"My client feels, deeply and profoundly, remorse and guilt about what he has done ... he wants to be in jail as of today's date."

MICHAEL EDELSON,
DEFENCE LAWYER

pornography on his computer as well as sex toys in

his bag, according to the statement of facts.

Further investigation found 588 images deemed child pornography on electronic devices he owns, as well as stories that depict forced sex acts, torture and degradation of young boys, the Crown read to the court from the statement.

The Crown asked the judge for a pre-sentencing report, which the defence opposed.

Justice Jack Kirkland declined the request for a pre-sentencing report, citing a report from Dr. John Bradford, professor and head of the division of forensic psychiatry at the University of Ottawa.

Bradford examined Lahey and will testify on a date that has not yet been set.

Ottawa. Politics



► Bruce Carson became one of Prime Minister Stephen Harper's closest advisers.

JAKE WRIGHT/THE CANADIAN PRESS

Fraudster's sweet talk

A new document suggests senior political staff at Indian Affairs were interested in a business pitch by convicted fraudster and ex-PMO aide Bruce Carson. A one-page note from a January meeting suggests top aides to minister John Duncan were considering Carson's proposal for a First Nations water filtration system.

Disgraced pathologist's victim acquitted

Ontario's highest court has acquitted a man who pleaded guilty in the death of his infant son because of testimony from now-disgraced pathologist Charles Smith.

The Crown and defence asked for the acquittal of Richard Brant.

The Crown conceded a miscarriage of justice.

The Ontario Court of Appeal set aside the conviction and ordered Brant acquitted.

Brant was charged with manslaughter in 1993 in the death of his two-month-old baby Dustin's death and pleaded guilty to aggravated assault.

A pathologist listed pneumonia and respiratory failure as causes of death but Smith examined the case and concluded the boy likely died from shaken baby syndrome.

The Crown said yesterday Brant's plea was affected by Smith's reputation,



PAT HEWITT/THE CANADIAN PRESS

► Richard Brant and Mary Farrell show photos of their son, Dustin, yesterday.

which no longer stands.

Smith was once considered an expert on child forensic pathology, but an inquiry found that errors in his work were responsible for several people being wrongfully convicted and sent to prison.

His medical licence was revoked earlier this year.

Clutching pictures of his son Dustin, Brant said he was relieved his name had finally been cleared.

THE CANADIAN PRESS

Man's dilemma

- Richard Brant, now 38, has always maintained his innocence.
- Defence lawyer James Lockyer said Brant faced an impossible dilemma — a manslaughter conviction or a six-month sentence for aggravated assault.
- The defence and Crown said there is no evidence Brant had harmed Dustin.

MP jumps into politics – and a fuss

Quebecers are grumbling about the new local MP — and not just because she lives 300 kilometres away, didn't visit the riding to campaign, can't speak much French and spent part of the election vacationing in Las Vegas.

The anger is about Ruth

Ellen Brosseau's nomination papers. Her opponents suggest they may have been falsified.

A man in the Berthier-Maskinonge riding says he was stunned to see his name and address listed on the papers filed by the NDP campaign. He doesn't

recall giving his support.

The NDP has dismissed allegations of irregularities and says signatures were collected normally by door-to-door volunteers and by others who worked local gathering spots.

THE CANADIAN PRESS



THE CANADIAN PRESS

► New MP Ruth Ellen Brosseau

PM hits ground running

Stephen Harper wasted no time yesterday visiting the Governor General to announce he was ready to form a government.

But it will likely be a few weeks before Canada's newly minted and returning MPs trudge back to the nation's capital.

First, the Prime Minister has to swear in a new cabinet, and then there's the business of writing a new Throne Speech.

He is expected to reintroduce the budget tabled in March that was rejected by the opposition.

THE CANADIAN PRESS

School bullies get plea deals

GORDON DANIELS/THE ASSOCIATED PRESS



► Probation for teens whose taunts led 15-year-old to hang herself

Two U.S. teens accused of harassing a 15-year-old Irish-born classmate who later hanged herself were sentenced yesterday to a year of probation.

It was the first of five anticipated plea deals in a case that drew world attention to school bullying.

Phoebe Prince's crying mother approved the deals in a Massachusetts court.

Sean Mulveyhill and Kayla Narey, both 18, were sentenced for their roles in the bullying that preceded Phoebe's suicide in January 2010.

Three other former South Hadley High School students were expected to accept similar plea arrangements today.

Prosecutors have said the bullying stemmed

from four girls' anger about Phoebe's relationships with Mulveyhill, who was captain of the school's football team, and another popular boy.

Mulveyhill apparently goaded some of the girls to harangue Phoebe after he dumped her.

Phoebe hanged herself, telling a friend in a text: "I can't take much more. It

would be easier if (someone) handed me a noose."

Prosecutors said Phoebe's family agreed to the plea deals to end the stress of the drawn-out court proceedings and because they required the teens to admit their threats, insults and slurs about Phoebe's Irish ethnicity were criminal acts.

THE ASSOCIATED PRESS

That glorious
mortgage-free feeling.
Now available even faster.

Pay down your mortgage faster so you have more money to save. Who wouldn't like that? The *Scotia Total Equity*® Plan has the flexibility to help. It gives you the option of mixing short and long terms or variable and fixed rates so you get the stability with the savings. And through small steps like increasing your mortgage payments just a little bit, you'll get that mortgage-free feeling even faster.

A *Scotia*® advisor can show you how.

letthesavingbegin.com

You're richer
than you think.®



 Scotiabank®

Fines will curb data breaches: Watchdog

► Privacy commissioner says there's no incentive for companies to spend money on Internet security

Jennifer Stoddart, Canada's privacy commissioner, wants the power to impose "attention-getting fines" when major corporations fail to protect Canadians' personal information.

Stoddart's statement comes in the wake of a massive security breach disclosed by Sony last week that may have affected more than 100 million PlayStation accounts.

"Too many companies are collecting more personal information than they are able to effectively protect," Stoddart said yesterday, adding that "large fines" might serve as a prod to get corporations to meet their privacy

obligations.

Meanwhile, Sony said yesterday that the company was "the victim of a very carefully planned, very professional, highly sophisticated criminal cyber attack designed to steal personal and credit card information for illegal purposes."

In a letter to the U.S. House Commerce Committee, Kazuo Hirai, chairman of Sony Computer Entertainment America LLC, defended Sony's handling of the data breach.

The company has shut down the affected systems while it investigates the attacks and beefs up security. **THE CANADIAN PRESS**

Intel chips 'revolutionary'

A new "3-D" electronic switch on its chips will make computers even cheaper and more powerful, Intel Corp. said yesterday. The switches, known as transistors, have typically been flat. By adding a third dimension — "fins" that jut up from the base — Intel can make the tran-





sistors and chips smaller, which means they run on less power.

"This is definitely a revolutionary change," said Dan Hutcheson, CEO of VLSI Research Inc.

Chips with the 3-D transistors will appear in computers in 2012.

THE ASSOCIATED PRESS

Market moment

TSX	Dollar	Oil	Natural gas 1,000 cu ft
			
- 81.05 (13,611.33)	- 0.65¢ (104.33¢ US)	- \$1.81 US (\$109.24 US)	\$4.644 US (- 9.4¢ US) Gold contracts \$1,515.30 US (- \$25.10 US)

PRICES AS OF 5 PM, YESTERDAY

Entrepreneurs' Networking Gala

isis
www.isisns.ca

Please Join Us!

Thursday, May 12, 2011

5:30-8:00 pm

Atlantica Hotel

1980 Robie Street, Halifax

Admission is free!

Please RSVP to business@isisns.ca
or call 902.406.8615

NEED MONEY?

✓ No credit checks
✓ Fast approvals

902-499-5629

And get cash now!!
www.mynextpay.com

**THERE ARE
BETTER WAYS
TO MAKE YOUR
VOICE HEARD**

JOIN AT
METROLIFEPANEL.CA 

Stronach. Steps down



► Frank Stronach, the tool and die maker who went on to build a multibillion-dollar auto-parts empire, stepped down as Magna chairman after the company's annual meeting yesterday in Markham, Ont.

RICK EGLINTON/TORSTAR NEWS SERVICE

Magnanimous magnate

Frank Stronach arrived in Canada from Austria as a teenager and went from working on the shop floor to forging Magna into a company with \$24 billion in sales. Stronach, 78, will now serve as a consultant, a role that rewarded him handsomely in 2010 when Magna reported a profit of \$973 million.

You've got the power. Recycle it.

End-of-life electronics are banned from provincial
landfills and must be recycled.



ACES
Atlantic Canada
Electronics Stewardship

ACES has 36 drop-off centres throughout
Nova Scotia where you can responsibly
recycle your old electronics, free of charge.

www.ACESstewardship.ca 1-877-774-3260



IT'S ONLY ANGELS BOWLING

HE SAYS ...

JOHN MAZEROLLE
METRO



teamwork whenever lightning approaches does not indicate I'm scared. As summer thunderstorm season approaches, I am merely cautious. Respectful of Mother Nature. Well attuned to the possibility of an imminent and painful death.

If you were to look at a cross-section of my brain, you would see many normal lobes — dedicated to such necessary guy functions as chore avoidance and retention of Wilf Paiement's NHL career totals. But where in a normal man you would find the area dedicated to time indexing of nudity in major motion pictures

Some people say I'm scared of thunderstorms, but I'm afraid they're mistaken.

That my brain, my heart and my bladder forget about their usual restraint and

— the so-called charlizebel-lum — you would in me find a hyper vigilance toward electrical storms.

And let me be clear: This is not a phobia. A phobia is an irrational fear. When I was a kid, I was scared of a thunderstorm's loud noises. That was a phobia. Now I am scared of 300 kilovolts entering through my head and leaving through some of my more important appendages. I have a hard time seeing this as unreasonable.

But I am a courageous Canadian warrior, so I know how to deal with lightning when it strikes.

When I hear thunder I courageously cover my head in blankets and courageously turn my iPod to full volume so that I might courageously pretend the storm is not happening.

When I hear thunder I courageously cover my head in blankets and courageously turn my iPod to full volume so that I might courageously pretend the storm is not happening. You know when you see a big-eyed dog trembling under the couch because of thunderclaps? I'm underneath that dog, whispering, "Keep me safe, Zoe. Good girl."

Courage, my word.

I'm here to help you be brave, too, reader(s), so be sure to arm yourself with safety advice:

- Stand your ground. Lightning is as scared of you as you are of it.
- Avoid all conversations about God and irony.
- If it's the Tampa Bay Lightning, dump the puck in and get a good cycle going off the forecheck.
- If you start to feel scared, try aversion therapy. Once you are struck by lightning five or six times, your body will begin to acclimatize.
- If you hear a Muppet counting, take cover immediately.

If you still have concerns despite these tips, you can always seek me out for support. But don't call or email, because I won't use anything plugged in during a storm. Visit me instead. I'll be under the dog.

Read more of John Mazerolle's columns at metronews.ca/hesays



Register at
metrolifepanel.ca
and take the quick poll

Will you cheer for the Canucks because they are the final Canadian team in the NHL playoffs?

YES, BUT ONLY IF THE GAME IS ON IN A BAR I'M IN

15%

NO, MY ALLEGIANCES HAVE SHIFTED ELSEWHERE

15%

53%

YES, CANUCKS FOR CANUCKS!

NO, ONCE MY TEAM IS DONE SO AM I

Worth mentioning

REDWOOD CITY, CALIF. Two women described by a prosecutor as "marijuana grannies" were jailed on allegations that they were growing hundreds of pot plants in their San Bruno home, authorities said late Tuesday.

Aleen Lam, 72, and Virginia Chan Pon, 65, were arrested Friday after neighbours called police to report a burglary, said San Mateo County district attorney Steve Wagstaffe.

When officers arrived, they found the door had been kicked in and nobody was home.

Through the broken door, police could see marijuana growing inside the house, Wagstaffe said.

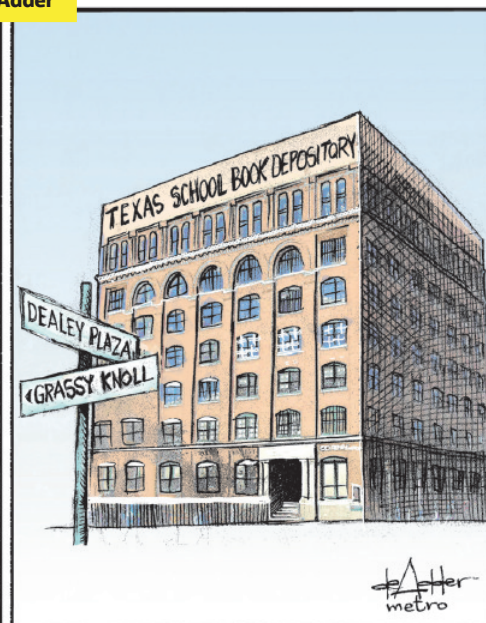
Police obtained a search warrant and found 800 marijuana plants, \$3,000 in cash and an electrical bypass that allowed the women to tap into a Pacific Gas and Electric Co. power line to steal electricity, Wagstaffe said.

"This has not happened in the 34 years that I've been here," he said in describing the operation and the suspects' ages.

THE ASSOCIATED PRESS

Cartoon by Michael de Adder

THERE'S NO CONSPIRACY!
THE PHOTOS OF OSAMA BIN LADEN EXIST AND I STORED THEM IN AN APPROPRIATE PLACE.



WEIRD NEWS

One man's trash may be another man's home

Albuquerque, N.M., authorities arrested a homeless man for failing to notify them that he moved out of the industrial trash bin he listed as his address.

KOB-TV reports Charles Mader is a convicted sex offender and is required to give the Bernalillo County Sheriff's Department a physi-

cal address.

Detectives say Mader violated his sex offender registration requirement after moving out of the dumpster and failing to report the move within 10 days.

On Monday, deputies found Mader at a homeless shelter and arrested him.

Mader told KOB he wasn't familiar with some of the registration rules. Bernalillo County authorities say they have told Mader what the rules are repeatedly.

Sheriff's officials say Mader could face up to three years in jail for failing to register for a third time.

THE ASSOCIATED PRESS



2

scene

Scene in brief



Two days after he walked through tornado rubble in Alabama, actor Charlie Sheen has begun an online campaign to raise money for storm victims. The website named Torpedos against Tornadoes says that donations will go to Alabama victims of the April 27 twisters.

THE ASSOCIATED PRESS



Judge: Jury to decide if Sheridan wrongfully fired from Desperate Housewives

Hold on to your hats the rodeo's in town

► Bull riding tour coming to Halifax this weekend for national qualifier ► Basic goal is get on and then hang on for eight long seconds

BACKSTAGE PASS

JENNA CONTER
METRO HALIFAX



We all remember our parents picking us up from school and chauffeuring us to our next activity. Exhausted from the day's events, a symphony of protests and excuses would fill the back seat. Now, imagine instead of having to jump into a cold pool you had to tie yourself to an 1,800-pound bull.

"It's not something everyone wants to do," admits Zane Lambert.

Since he was seven-years-old, Lambert, five-time Professional Bull Riders (PBR) Canadian National Finals qualifier, couldn't wait to get into rodeo. Lambert joins PBR Canada at the Halifax Metro Centre on Saturday at 7:30 p.m.

"The hardest thing about bull riding is staying up on

Tickets

► Tickets for Professional Bull Riders Canada Cup Series at the Metro Centre cost between \$20 and \$65 and are available through ticketatlantic.com.

the bull's front shoulders," he tells me. "If you can stay up, you can take all of his power away."

A combination of strength and coordination allows a bull rider to remain in this sweet spot and score points.

"As soon as you start to slip off the shoulders you're in trouble," he said. "The judges can see that you're not in control and dock points."

Lasting to the eight-second whistle while making it look pretty is the goal.

"First thing they teach you when you go to bull riding school is how to get off and out of the way," Lambert explains. "A right handed rider times his right-sided jump to catch the bull's hip and get pushed away."



► Zane Lambert on Courage Canada during Round 2 of the 2010 PBR Canadian National Finals.

Child and Youth Care Worker

You'll know what to do.

Graduates of Success College develop the skills and compassion to help children and adolescents who are experiencing personal challenges.

Classes begins in September.

1.800.662.3991

ThinkSuccess.ca



Success College
Get Ready.



SUBSCRIBE TO SWAY TODAY

THE PREMIER LIFESTYLE MAGAZINE CELEBRATING CANADA'S BLACK COMMUNITIES.



WHY RUSH TO PICK UP YOUR NEXT COPY OF *Sway* WHEN YOU CAN HAVE IT SENT DIRECTLY TO YOUR HOME OR OFFICE?

swaymag.ca/subscribe (4 ISSUES FOR JUST \$16)

Sway: The Power and Pulse of a People

Sway THANKS ALL ITS ADVERTISERS FOR MAKING THE SPRING HEALTH ISSUE A HUGE SUCCESS. THROUGH YOUR SUPPORT WE CONTINUE TO TELL THE INSPIRING STORIES OF ONE OF CANADA'S MOST DIVERSE, INFLUENTIAL AND THRIVING CULTURAL COMMUNITIES.

Twain speaking about her ex's alleged affair

► Singer discusses what it was like dealing with suspicions of her husband

Shania Twain is speaking out for the first time about husband Mutt Lange's alleged affair.

"I didn't want to kill myself but I didn't want to live," Twain told Oprah Winfrey in an interview.

"Our lives were intertwined in every respect and I really was completely shocked."

Lange allegedly became intimate with Marie-Anne Thiébaud, who worked at the couple's Swiss chateau.

"By not understanding and not knowing the details your imagination is left to run wild," Twain says of the rumors. "I never got the details. I phoned Marie-Anne and did everything I could to get the details out of her and she changed her number and that was it." ● METRO



► Shania Twain

ALL PHOTOS GETTY IMAGES

Diaz dismisses marriage talk

Cameron Diaz insists everyone can put any wedding rumors about her and Alex Rodriguez to rest.

"I think we have to make our own rules," she tells Maxim magazine.

"I don't think we should live our lives in relationships based off old traditions that don't suit our world any longer."

"I think we have to make our own rules."

CAMERON DIAZ ON THE IDEA OF MARRIAGE

When asked if she thinks marriage is a dying institution, Diaz enthusiastically says, "I do."

● METRO



► Cameron Diaz

Sheen now denying shooting

Charlie Sheen has spent the past 20 years taking the blame for a gunshot wound to ex-fiancée Kelly Preston's arm, but now he's changing his tune.

Sheen claims he was downstairs making coffee when Preston picked up a pair of his trousers, causing a small handgun to fall out of the pocket and discharge.

● METRO

Talking points

Carey loving life as a mom

DOES ANYONE CARE? With their twins less than a week old, Mariah Carey and Nick Cannon are enjoying new parenthood — and taking their time revealing the names. Carey took to Twitter to thank her fans for all their support, saying that the couple is getting ready to announce the names of their new son and daughter. She did give a hint, though: Both babies' names will begin with "M."

● METRO

Celebrity tweets



"Twitter is so random. The people on 'similar to you' are soooo not similar to me. haha"



@MileyCyrus



@ehasselbeck

"tried to start a juice cleanse yesterday. had 5 juices all day- then an entire pizza"

@RedHourBen

"And now it's summer."



Singers of Spring Series

Every Friday in May

Friday May 6 • 8pm • \$15

Arielle Legere
What's in the Water
Pam Marsh

Presented by



*Saint Julien and
Mother's Day
Over Prizes!*

The Atlantica Hotel • 1980 Robie Street

Tickets available online:

ladiesinblues.org
ladiesinblues.eventbrite.com
902.489.3119

Canadian
Diabetes
Association

Celebrate our **Grand Opening** and **Free Comic Book Day** on Saturday, May 7 at 10am...

or our **giant robot** will take your free comics, prizes and more!

GIANT ROBOT COMICS

COMICS • TOYS • COLLECTIBLES

Ask about our comic book accounts!

404 8400 • 114 Woodlawn Rd, Dartmouth
(next to New Penny Coin Shop)
GIANTROBOTCOMICS.COM

FREE COMIC BOOK DAY
on SATURDAY IN MAY
May 7, 2011
www.freedaycomicbook.com

YOU COULD **WIN**

A MOTHER'S DAY KIT FROM OLAY & VENUS

This Mother's Day, pamper yourself and your mom with a pair of Venus ProSkin Moisture Rich Razors, Olay Total Effects Deep Penetrating Moisture Body Washes, Olay Total Effects Exfoliate & Replenish Body Washes, Olay Quench Advanced Relief Body Lotions and a \$40 movie gift card to enjoy with your mom.

SCAN LIFE

TO ENTER

club metro .com

To register and for full contest details visit clubmetro.com

3
lifeBeauty
pick

Tarte Glam Gams

Bare leg season is here. And with it comes the mad rush to fake some sort of vacation colour. Tarte's moisture-rich bronzing stick boasts a super fruit formula that includes goji, maracuja, pomegranate, acai and acerola, all of which are supposed to give your pins a sun-kissed glow, even if you've only been sitting under the fluorescent lights of your office. **KENYA HUNT**

TARTE

\$30, sephora.com



Fashion firms rush to make versions of Kate Middleton's gown — at a fraction of the price.

Nailing that
'70s look

► Skip the literal, costume-y stuff, like bell bottoms ► Go for the silky dresses or breezy wide leg denim instead



KENYA HUNT
LIFE@METRONews.ca
METRO WORLD NEWS IN LONDON



458696

In case you haven't noticed, '70s-style maxi dresses and flared jeans are ruling spring. But here's the thing about decade come-backs.

First, they come fast and furious. For example, next fall will be all about the 60s — A-line dresses and skirts (and to a lesser extent, 90s grunge.) So choose wisely which disco-flavoured looks to invest in and resist the urge to blindly follow the trend cycle.

Nothing feels worse than pulling something out of your closet and realizing it feels dated merely six months after you've bought it.

Second, you don't want to interpret these decade-specific moments too literally. Search through the attic for your mom's old silk blouses and flowy dresses.

But stay far, far away from her bell bottoms — that is, unless you want people to think you're in costume. It's about updat-

Wearing it



NICK CUNARD

► A billowy, maxi dress is the perfect nod to the good-time vibe the '70s are known for, without being too campy.

ing the look in a modern way.

Think Diana Ross's daughter, Tracee, wearing one of her mother's old dresses with a pair of Vivienne Westwood boots on a sunny stroll in L.A., rather than Diana herself in a ki-

mono dripping candle wax down her chest and screaming "I'm a winner baby!" in that 1970s classic Mahogany.

As far as longevity goes, I've put my money on the season's billowy dresses, which nod to the sexy,

good-time vibe the decade is known for, but stops just short of camp.

I like that they give you just the slightest hint of Bianca Jagger at Studio 54, not to mention they can easily move from the office to a summer rooftop party.

ACCESS TO
ACCESSORIES

GIUSEPPE ZANOTTI
sandals

► \$750, shopbop.com



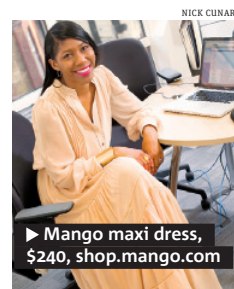
ASOS hat

► \$45, asos.com



TOPSHOP
sunglasses

► \$36, topshop.com



NICK CUNARD

► Mango maxi dress,
\$240, shop.mango.com

WagJag.com
Deal of the Day

57%
OFF

\$65 for a Shampoo, Cut, Blow
Dry, Mani-Pedi, Brow Shaping
& Dermalogica Face Mapping

BUY TODAY



SOLO
Hair Salon

www.WagJag.com

Make 'em say: Hello sailor

► No need to whine about spring's showers if you're decked out in one of these lightweight jackets ► The nautical look is a key trend for spring



1. JUNYA WATANABE

\$1,290
comme-des-garcons.com
Whether you're heading out yachting this summer or just in need of a seasonal splurge, look no further than this timelessly whimsical style.

2. FRED PERRY DECK JACKET

\$253
fredperry.com
This amber deck jacket is clean and polished enough to wear to the office.

3. NIGEL CABOURN AIRCRAFT JACKET

\$545
oipolloi.com
Cabourn is the go-to for any serious explorer or those who just want to look like one.

4. PERCIVAL WAX JACKET

\$270
percivalclo.com
Yes, this jacket may have a sort of trainspotter type of geekiness to it, but that's exactly what makes the jacket so cool.

5. ASOS HOODED JACKET

\$81
asos.com
Keep away the coastal spray in this no-frills, military-inspired cagoule.

RICHARD PECKETT
WWW.METRO.LI
METRO WORLD NEWS IN LONDON

Bouquet in a glass bottle

Flowers are lovely, especially in the springtime, but there are the obvious

limitations of shelf life and mobility.

A floral perfume? Now that's something with fragrance power to last an entire day on the go — and the next day, and the one after that.

"Flowers are really the basics for all women's fragrances," says Veronique Ferval, creative centre

manager for International Flavours & Fragrances in New York, one of the primary manufacturing sources of the extracts or "juices" that perfumers use.

It's typical to create a perfume with a bouquet that combines the notes of many flowers, even if it ends up being dominated

by one.

"In the fragrance industry, there are the classics — rose, gardenia, jasmine, muguet — that we've used for many years and continue reinventing," Ferval explains.

Part of the allure in those scents is familiarity, but they also can be easier to bottle than, say, daisies

and lilies of the valley (or muguet), she says.

THE ASSOCIATED PRESS



For May 4th

Weekdays @ 9pm
Alyssa Reid - Alone Again
The Black Eyed Peas - Just Can't Get Enough
Dr. Dre ft Eminem & Skylar Grey - I Need A Doctor
Jessie J ft B.o.B - Price Tag
Adele - Rolling In The Deep
Jennifer Lopez ft Pitbull - On The Floor
Classified - That Ain't Classy
Katy Perry ft Kanye West - E.T.
Bruno Mars - Lazy Song

1013THEBOUNCE.com



k8@1013thebounce.com



STYLE IS A CINCH



DOWNTOWN FABULOUS

Cinco de Mayo fave with a twist

MATTHEW MEAD/ THE ASSOCIATED PRESS

This bright green sweet pea and avocado guacamole is a spring-inspired version of the classic dip, and has a fresh, crisp flavour that is brightened by plenty of fire-roasted chilies, lime juice and chopped fresh cilantro.

The sweet baby peas lighten the guacamole while adding impressive amounts of vitamins. Use this dip as you would a traditional guacamole.

Be sure to have lots of

tortilla chips handy for guests to dip into this bright green dip.

Preparation:

- 1** In a food processor, puree the peas, avocado, onion, chilies, lime juice, garlic, cumin and salt until they are smooth. Scrape down the sides of the processor bowl with a rubber spatula as you need.

- 2** Pulse in the cilantro until it is just blended.

- 3** Serve with tortilla. This recipe makes about 2

1/2 cups (625 mL) or 12 servings of Sweet Pea and Avocado Guacamole.

THE ASSOCIATED PRESS

Ingredients:

- 2 cups (500 mL) frozen baby peas, thawed
- 1 avocado
- 1 small red onion, finely chopped
- 1 can (4 oz/125 mL) fire-roasted green chilies,

drained

- 1/4 cup (60 mL) lime juice
- 2 cloves garlic, minced
- 1/2 tsp (2 mL) ground cumin
- 1/4 tsp (1 mL) salt
- 2 tbsp (30 mL) chopped fresh cilantro



► This guacamole is a spring-inspired version of the dip.

Celebrate the Earth with our special mortgage rate.

Introducing the new BMO Eco Smart Mortgage.™

If you're looking to buy – or already have – an environmentally-friendly home, we can make your mortgage friendlier too. We offer a lower interest rate on a 5-year fixed closed mortgage so you can pay off your home sooner. Now that's smart borrowing. To find out how it works, visit a branch today or have one of our mobile Mortgage Specialists come to you.

Visit bmo.com/ecosmart for details on how to qualify, and for ideas on how to make your home more energy efficient.

Special Rate.
Limited time offer.

3.89%
APR¹

BMO  Bank of Montreal
Making money make sense®

¹The Annual Percentage Rate (APR) for the 5-year fixed closed BMO Eco Smart Mortgage is 3.89%. APR assumes no fee(s) apply. If we require you to obtain an appraisal, the appraisal fee would increase your APR. Funds must be advanced within 90 days from the date of application. Offer may be changed, withdrawn or extended at any time without notice. The fixed interest rate indicated for our BMO Eco Smart Mortgage is a special discounted rate and is not the posted rate of Bank of Montreal. Applications are subject to meeting Bank of Montreal's usual credit criteria. Some conditions may apply. This special offer is not available for Homeowner ReadLine.™/® Trade-mark/registered trade-marks of Bank of Montreal.

► Design expert Karl Lohnes offers tips to help you keep your mother styled in colour this spring

Your mom deserves more

DESIGN CENTRE



KARL LOHNES
HOME@
METRONews.CA

This Sunday is the day to celebrate

our mothers.

If yours is anything like mine, she'll insist that a fancy card (one that requires additional postage) and a phone call is all she wants.

My mom is not only getting a card, but a few stylish and useful items that will help keep her on trend around the house.

This spring's big trend includes a huge burst of colour on home accessories, so I've rounded up a roster of colourful goodies for mom that will be sure to make her the envy of next week's bridge game.



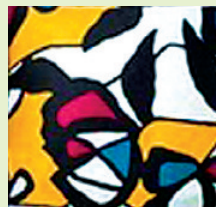
ALL PHOTOS CONTRIBUTED

Fun on the porch

Let mom relax in this retro favourite, recreated from the original 1940s design.

Durable construction in rolled steel offers a classic, bouncy action glide with a thoroughly modern powdercoat finish in punchy grass-green and bright white.

Motel Double Glider, Crate and Barrel, \$225.



Flashback tabletop

The iconic 1970s fashion designer Diane Von Furstenberg has resurfaced onto the home decor scene with a tabletop product collection evoking her wild prints and mix-matched looks of the '70s.

Why not give mom a few useful memories from that fashionable era in a way that will brighten up the house.

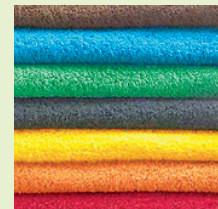
Tabletop items from \$30, exclusively at The Bay.



2011's trend colour

The stand mixer is a kitchen staple and if mom hasn't updated hers in years, then this is the one to get. KitchenAid has updated it with a funky pink called Raspberry Ice and added a glass bowl so she can see how the batter is beating. A percentage of the cost of KitchenAid's pink appliances goes toward the Canadian Breast Cancer Foundation and almost \$2 million has been raised so far.

\$549.99, Sears



Punch of colour

Sears has its own brand of towels that are bursting with juicy colours. It's an easy way to add summer pizzazz to a bathroom.

Not sure which brights to choose?

Just look at the colours in mom's bathroom and choose the brighter version from Style Factory, Sears, from \$16.



Slatkin candles

Harry Slatkin is the world's leader regarding all things candles and his collection of Summer Berry scents will have mom dreaming of making jams and jellies well before the berries hit the market.

Fresh Summer Berry scents will keep mom's place smelling like a summer garden come rain or shine.

Ripe Berry and Blueberry candle pots, \$12 and up, Bath and Body Works.

Kent Homes

It makes beautiful sense

Kent Homes & Nova Scotia's LARGEST garage builder have joined forces!

AMAZING SPRING BOOKING SPECIAL:

- **FREE HEAT PUMP** with every new Kent Home purchase* for a limited time!
- 3 Bedroom, 1 bath bungalow \$229,900* tax and land included

Call 431-3505 or visit our model home at 990 Main St, Dartmouth

Hours: Mon-Fri 9am-5pm • Sat 10am-2pm

MERCER'S BEST BUILT STRUCTURES INC.



HOUSES STARTING FROM \$143,000

* some conditions apply, offer good only at 990 Main Street Dartmouth

MERCER'S BEST BUILT STRUCTURES INC.

ANY SIZE, ANY STYLE, WE BUILD THEM ALL



Nova Scotia's Garage Builder

- Complete turnkey garage packages
- Includes foundation, all material and labour
- We handle all permits
- Designed to match your house
- Visit our website for more details: bestbuiltstructures.ca

902.482.4767
990 Main Street, Dartmouth

TD Financing Services

AUTHORIZED DEALER

5.99% Interest Rate

- Can be amortized up to 10 years
- Loans can be paid out in full or in part with no penalty
- Low monthly payments
- Low variable rate

QUALITY AND AFFORDABILITY



NOVA SCOTIA HOME BUILDERS' ASSOCIATION



Join your community in the fight against cancer.

There are 22 Relay For Life events taking place across Nova Scotia in June. Your local HRM events are:

HALIFAX, JUNE 3
Halifax Commons

THE BAY (TANTALLON), JUNE 4
Sir John A MacDonald High School

EAST HANTS, JUNE 10
Enfield/Elmsdale District Lions Club

SACKVILLE, JUNE 10
Metropolitan Field

EASTERN SHORE, JUNE 17
Eastern Shore Community Centre, Musquodoboit Harbour

DARTMOUTH, JUNE 24
CFB Shearwater



Canadian Cancer Society
Société canadienne du cancer



Fight back against cancer now. Create or join a Relay For Life team and start collecting pledges at cancer.ca/relay

celebrate

remember

fight back

Big design for tiny spaces

► Interior design star offers tips on making your shoebox pad feel bigger

JENADY GARSHOFKY
LIFE@METRONews.ca
METRO WORLD NEWS IN NEW YORK

Don't let your little apartment undermine the potential for big design. Interior design star Can-

dice Olson knows her way around this dilemma and others. On her W Network

show, Candice Tells All, she transforms all sorts of homes — but we're interested in how she magically

makes those shoebox pads feel more spacious. From adding lights to hanging drapes, design is based on getting creative when you don't have much to work with, explains Olson.

She shows us how.

- Flowing drapery gives the illusion of having bigger windows.
- The placement of mirrors is key. "You can expand a space if you back cabinets with mirrors," says Olson.

Shopping for a sofa

"The most important element to keep in mind is the size of the arms," Olson advises.

If you opt for big, rolled arms, you won't be able to seat as many people.

But, if you choose simple and narrow track arms, you can probably fit another person on your couch.

For a small space, you should never pick a sofa that is more than 84 inches in length and 36 inches in depth.

Smart furniture

- When it comes to furniture, think "double-duty," says Olson.

"Use your ottoman for seating and storage to remove clutter."

- Mount your television on to the wall.

- "When you have little space horizontally, you have to maximize it vertically," explains Olson. She recommends adding floor-to-ceiling bookshelves, which draw your eyes up.

Olson's essentials

- A simple, classic, small-scale sofa.

- 6x9 or 5x7 rugs to anchor furniture.

- Handcrafted pillows to take you out of the big box-store feeling.

- A fantastic lamp.

CANDICE TELLS ALL AIRS THURSDAYS AT 8 P.M. ET/PT ON W NETWORK

BRANDON BARRÉ



► Candice Olson is the star of the W Network's Candice Tells All.

Two Eco-Conscious Developments From

Metro's Green Builder

WILLOW RIDGE

Metro's first "Green" subdivision.

Centrally located near Dartmouth Crossing, Mic Mac Mall and only minutes from the bridge, this development includes over 120 residential home lots.

All homes are certified R-2000 and include Natural Gas hook-ups for heating, fireplace, range, barbeque and dryer. The subdivision also utilizes underground power from the road to the home. All homes are custom designed and built to meet each individual owner specific needs.

This "Green" subdivision incorporates environmentally friendly products and features including: low toxicity glues and adhesives, low emission paints and sealants, Low E/Argon windows, insulated sheathing, insulated basement slab, low flow toilets and faucets, recycled attic insulation, TechReady structural wiring, etc. Home owners can also choose from such items as: waste water heat recovery systems, solar hot water, ICF wall construction, heat pumps, PET carpets (made from recycled pop bottles) and Trex decking.



RIVERWOOD ESTATES

This quiet cul-de-sac is located in on Riverwood Drive in Timberlea, 10 mins to Bayers Lake and 5 mins from the 103 Hwy. Large lots on city services. All residents have access to the parkland and the River. All homes are EnerGuide Rated and custom designed by the purchaser. You pick everything. Cabinets, Flooring, Paint, Siding, Shingles, your lot and home design. These lots on the river can be custom designed to allow legal basement apartment. There are 27 lots, with only 6 remaining.

For more information on these communities, please contact our office

444-4040

halifaxbuilder@live.ca

Multiple Peak Award Winner!



OPEN HOUSE
Saturdays & Sundays
1:00-4:00

Take Woodland to Lancaster then right onto Cannon and then follow the signs!

White Stone

Build Smart, Renovate Right.

whitestonedevlopments.ca

metrohalifax

metronews.ca
THURSDAY, MAY 5, 2011MOTHER'S
DAY

Keep it simple with a touching gift

► You don't have to break the bank to let mom know you appreciate her ► Here are some gift ideas she'll love

NATALIE
BAHADUR
CANADIANLIVING.COM

Whether you choose a gift from the heart or from the store, mom is sure to appreciate your gesture of love and gratitude. Here are nine gifts from the heart.

Afternoon tea

Sometimes nothing means more to mom than the gift of your time. This year, simply spend the afternoon with your mom, bonding and reconnecting

over a cup of tea or coffee.

Finding the time in your busy schedule to catch Mom up on your life will mean a lot to her.

Get mom online

Depending on your mother's age, she may still be leery of online activities. Spend the afternoon with her setting up accounts on sites that'll help you both stay connected.

A Facebook or Flickr profile can help you to share family photos more easily with her.

Or, she may just want help getting set up to bank online.

Write your mom a letter

Or a poem. No need to get fancy, but putting your sentiments down on paper will give her a lasting gift.

Handmade cards

Gather the kids for a day of crafting some handmade cards for mom. Armed with construction paper, scissors, crayons, pipe cleaners and sparkles, you never know what they'll

come up with.

Flowers from the garden

Handpick a selection of favourites from your garden and surprise mom with a beautiful and bountiful bouquet.

Make mom dinner

Or order in. Whichever option you choose is fine as long as mom doesn't have to lift a finger to prepare it — or clean up.

Do mom's errands

Find out what odd jobs

mom needs done around the house, and scratch them off her to-do list ... whether it's doing some groceries or gardening, or changing a light bulb or an air filter.

Update mom's music

Chances are she hasn't updated her mp3 player with her new favourite songs and deleted those ones she's tired of hearing.

Clean out files mom no longer wants and bring her music library up to

date. Add in a few songs that are especially from you to her.

Enjoy a spring picnic

Pack up a basket with sandwiches, drinks and a sweet treat for dessert and head out with mom for a Sunday afternoon in the park.

Whatever you decide, she'll be happy you had her in mind.

FOR MORE WAYS TO CELEBRATE WITH YOUR MOM, VISIT CANADIANLIVING.COM/MOTHERSDAY



The only thing not in my purse is my kids.

Win a new purse and \$100 every month!

To enter, bring your gently used purse to Guest Services from May 2-31. We'll find it a good home, thanks to Dress for Success Halifax, and you'll receive a ballot to win a new purse and \$100 Mic Mac Mall Gift Card every month for a year! Visit micmacmall.com for contest details.



DRESS FOR SUCCESS®
HALIFAX



MIC MAC MALL

The Mic Mac Mall MasterCard® Gift Card is issued by Peoples Trust Company pursuant to license by MasterCard International Incorporated. MasterCard is a registered trade mark of MasterCard International Incorporated.

H&M

BCBGMAXAZRIA

AÉROPOSTALE

Bath & BodyWorks

the Bay

Reader's share



The best gift I ever got for Mother's Day



@Penny Sundquist

"I quit looking forward to Mother's Day and then at 40, I had my 1st son! We came home from the hosp 2 days b4 Mother's Day!"

@guthrofan - Toronto

"A quiet day all to myself sitting around in my jammies. And no cooking to do!"

@sjgpotter - Halifax

"Hubby built me custom TV stand with toy storage underneath. I had been complaining about the toys everywhere for months."

@debeersdebates - Halifax

"A nap."

@aisling_hkymom - Calgary

"A day to myself @ a spa. Having triplets, days to myself are few & far btwn, so I cherished it."

@sandifink - Ottawa

"My little girl's impression of her hand in a plaster plaque, or a picture of my son holding a flower in a flower frame."

Makin' your momma happy made easy

► Still have shopping to do for Mother's Day? ► These great gifts will surprise and delight



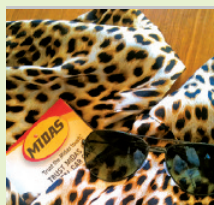
Thanks for
the great
jeans,
Mom!

She'll be thanking you when you give her custom fit jeans from makeyourownjeans.com! Based on four simple measurements, mom can choose her own pant leg style, length of rise, and colour of wash. She'll never dread shopping for jeans again. Starting at \$49 this service ensures a perfect fit.



Sporty
Mom

The urban mother will surely appreciate this bicycle basket that doubles as a shopping basket. Inspiration for the unusual design came from a much-loved Swedish grandmother's tablecloths! Comes in white, black or green. \$66 at morba.shopify.com.



For the
'racy' mom

Mom will be happy to pick you up anywhere, looking like a Hollywood star! Take her car in for a Spring Tune-up. A Midas maintenance package is \$49.99 — like a spa for your car. midas.com. Add a touch of glamour with a silk, leopard print scarf and modern aviator sunglasses. Scarf from Echo at Holt Renfrew for \$65 holtrenfrew.com; aviators by Mosley Tribes starting at \$150 at Sunglass Hut sunglasshut.com.



Give your
garden a
drink

The plastic, lime green watering can is feather-weight, which makes it easy to carry and pour. \$7.99. canadiantire.com



How does
your garden
grow?

These save-my-mani-cure gloves are lighter than the average gardening glove and keep your nails in fine form. \$24.99. canadiantire.com

1535 Dresden Row, Halifax, Nova Scotia | www.dresdenrowmarket.ca

Discover The Locally Owned Shops & Restaurants of Dresden Row Market

Shop for
Mother's Day!



**DRESDEN ROW
MARKET**

Make a Special Stop



Pete's Frootique | Cucina Moderna | Topcuts | Cora Breakfast & Lunch | Premier Wine & Spirits | Koo-E Nami Royale
Taiba Café | Sushi Nami Royale | DigitalCare Computers | Top Drawer Men's Apparel | The Suitor | New Century Trading

**DRESDEN ROW
MARKET**

Make a Special Stop



Let's do the twist!

The Tiffany Twist collection at Tiffany and Co. includes a classic bow necklace, hoop earrings and bracelets. Available in 18k gold or sterling silver, commemorate this year's occasion with one bangle. It's a lovely style statement. Sterling silver bangle \$185 at tiffany.com.



Mom-E Reader

Known for their technical wizardry, Sony has a five-inch clear touch screen that's thin, lightweight and a must-have for moms on the go. Why not download a top-selling book for her while you're at it such as *Water for Elephants*? Sony Reader Pocket Edition is \$179 at sonystyle.com.



Orange you glad I got you one Mom?

The hot accessory colour of the season is orange, and Marc Jacobs handbag shows it off in style. Mom's rarely have time to change their handbag and deserve a high quality, fresh colour to go with everything, everywhere. \$398 at holtrenfrew.com.



You're my Idol

Don't banish mom to the shower anymore... give her the Emerson Karaoke Portable CDG Karaoke System. Affordable and compact, this system includes 30 songs on disc plus microphone. Compatible with ipod, Zune, MP3 and MP4 players, it's only \$49.99 online at walmart.com.



She kneeds these

Your mom will love the comfy knee pad with cut-out handle that makes weeding a breeze. \$9.99. canadiantire.com



Om Mom-ma

Taking over from the stretchy, black flared yoga pant is this new two-way stretch, moisture wicking, cargo style! Check out the higher rise for comfort, drawstring at the ankle to shorten up for biking. They're also pre-shrunk. Studio Pant II in charcoal or white for \$98, lululemon.com.

MOE KELSO

Editor's pick

Coconut it up

It's time to indulge yourself — or the lady in your life — with The Body Shop's Coconut Bath & Body Range. The body scrub, shower cream, lip and body butters are enriched with pure, organic, cold-pressed, virgin coconut oil. A Mother's Day Gift Set is also available (\$35).



**THE BODY SHOP'S
COCONUT BATH &
BODY RANGE**

\$5 to \$20
thebodyshop.ca

Donate in her honour

Help another mother

Reader Alicia Pereira decided to honour her mom by sponsoring a child in Africa in her name. "I want her to know that her gift will help one mother in Africa gain access to medical treatment and counselling, which will help prevent the transmission of HIV to her son or daughter," she wrote in a letter to the editor. "I know it will be a gift she will be proud to receive, especially since she passed on her desire to help change the world for the better on to me."



join us
for **Mother's
Day brunch
or dinner**
Reservations appreciated

MŌDA
urban dining

1518 dresden row, halifax
405.3480 | modaurbandining.com

may
8
2011

Visit Spring
Garden Area
for Mother's
Day Gift

spring
garden
area business association

Holy crêpes! Ready in a few simple steps

Mother's Day is right around the corner, and you can never go wrong when your gift includes good food, especially when you make it yourself! Why not invite your mom over for brunch? Recipe expert Emily Richards recommends these delightful crêpes. Serve with a salad and warm rolls. Mom will love it.

Ricotta Crêpes with Berry Sauce

These crêpes are perfect for any brunch because they can be made ahead and filled with your own creations!

Crêpe Batter:

- 1 cup all-purpose flour
- 1/4 tsp salt
- 3 eggs
- 1 1/4 cups milk
- 2 tbsp butter

Preparation Crêpes:

- 1** In bowl combine flour and salt. Whisk together eggs, milk and butter. Whisk into flour mixture until smooth. Cover and refrigerate for 1 hour. Strain mixture into a clean bowl.
- 2** Heat small nonstick skillet or crepe pan over medium heat. Brush with some oil. Pour scant 1/4 cup (50 mL) batter into centre of pan, swirling pan to coat.
- 3** Cook for about 1 minute or until bottom is light golden. Turn and cook for 30 seconds. Transfer to plate. Repeat with remaining batter.

Make-ahead: Stack crêpes between waxed paper, wrap and refrigerate for up to 3 days or freeze for up to 1 month.

Ricotta filing:

- 1 tub (475 g) ricotta cheese
- 1 cup cottage cheese
- 2 tbsp packed brown sugar
- 1 tsp grated orange
- 2 tbsp orange juice

Ricotta filling:

- 1** In food processor, puree together ricotta and cottage cheeses, sugar, orange rind and juice.
- 2** Spoon ricotta mixture in centre of the crepe.
- 3** Fold crepe in half then in half again. Repeat with remaining crêpes and filling.

Make-ahead: Layer in baking dish, cover and refrigerate for up to 1 day. Bake in 325 F (160 C) oven for 15 minutes or until hot. Serve with warm Berry Sauce. Makes 6 to 8 servings.

Berry Sauce:

This sauce can be made ahead and refrigerated for up to 4 days. Makes about 2 cups.

- 1** In small saucepan, bring strawberries, blueberries and sugar to boil over medium heat, stirring occasionally. Cook for 3 minutes.
- 2** In small bowl, whisk together cornstarch and water. Stir into berry mixture and return to a gentle boil for about 1 minute or until thickened slightly.

Berry Sauce:

- 2 cups fresh or frozen thawed strawberries
- 1 cup frozen wild or cultivated blueberries
- 1/4 cup granulated sugar
- 1 tbsp cornstarch
- 1 tbsp water



► Ricotta crepes smothered in berry sauce.

ESTÉE LAUDER

A collection of Estée Lauder makeup products. At the top center is a large blue and white floral patterned pouch. Below it, on the left, is a mascara, a lipstick, and an eyeshadow palette. In the center are two tubes of 'Take It Easy' skin care products. To the right are two tubes of 'DayWear' sunscreen and two jars of 'Double Wear' foundation. The products are arranged on a reflective surface.

YOUR GIFT

Free with any Estée Lauder purchase of \$34 or more. Worth over \$90.

Serving Halifax Since 1919

Mills

...where fashion meets beauty

5486 Spring Garden • 429-6111 • millshalifax.com

Offer good while supplies last. Quantities limited. One gift to a customer, please. Your Estée Lauder gift is only available until Saturday, May 14, 2011.

A close-up photograph of a person's hand holding three bright yellow daisies. The hand is positioned in the upper right quadrant of the image, with the fingers gently cupping the stems of the flowers. The background is a solid, light blue color.

Fresh veggie & asparagus salad



Fresh Ontario Greenhouse Veggies and grilled Ontario Asparagus are highlighted with a light and refreshing dressing.

Preparation Salad:

- 1 Toss all the ingredients together in a salad bowl or arrange them on a platter.

Salad:

- 3 cups each torn Ontario Leaf and Boston Lettuce
- 8 oz Ontario Asparagus, grilled or broiled*
- 1 cup thinly sliced Ontario Button Mushrooms
- 1 Ontario Tomato, cored and cut into wedges
- Half each Ontario Red and Orange Sweet Peppers, slivered

Dressing:

- 1 In small bowl, combine yogurt, cucumber, chili sauce, onion, sugar, oregano, garlic, salt and pepper. Set aside.

Dressing:

- 1/2 cup plain Ontario Yogurt (3% M.F.)
- 1/2 cup finely chopped Ontario Cucumber
- 1 tbsp chili sauce
- 1 tsp finely chopped Ontario Cooking Onion
- 1/4 tsp each granulated sugar and dried oregano
- 1 clove garlic, minced
- 1 Pinch salt and pepper

Recipe and photography courtesy of Foodland Ontario www.foodlandontario.ca.

WIN SOMETHING SPECIAL FOR MOM!



SHOW SOME LOVE WITH ONE OF THESE GREAT PRIZES:

GRAND PRIZE
A FAMILY RING FROM CHARM DIAMOND CENTRE*

OTHER PRIZES
ONE \$400 SHOPPING SPREE, TWO \$200 SHOPPING SPREES AND FOUR \$50 SHOPPING SPREES AT BEDFORD PLACE MALL

Visit Customer Service or any store and fill out a ballot for a chance to WIN!
*Up to a \$500 value. No purchase necessary. Contest closes May 8, 2011. Winner will be drawn at random on May 9, 2011. Complete contest details available at Customer Service.



WWW.BEDFORDPLACEMALL.COM

AND DON'T FORGET TO VISIT US ON FACEBOOK!



443-3474

Bringing you Quality, Service, Variety and Value since 1948.

An Excellent Mother's Day Treat!

Live Cannersize Lobsters (2 Claw)
#1 Quality

\$4.99 each LIMITED SUPPLY

See Friday's paper for more great specials!

Fisherman's Market 607 Bedford Hwy.
Mother's Day Weeked Hours: Thursday - Saturday 9am - 6pm
Mothers Day Sunday 9am - 6pm

Make Mom's Day this Mother's Day



Michael Kors Hamilton Bag

Special Offer. Save \$50 on any MMK handbag.

Tissue Cashmere Shawl



Lola by Marc Jacobs 50 ml



Christine Silk Lingerie

Serving Halifax Since 1919

Mills
...where fashion meets beauty

5846 Spring Garden Road, Halifax, Nova Scotia B3J 1G4
902.429.6111 • Toll Free 1.800.465.1919 • www.millshalifax.com

ALL WOMEN ARE MOTHERS

MOTHER'S DAY

DARREN KRAUSE

SCENE@METRONEWS.CA



I have a lot of moms. And, I bet if you think about it, you do too.

Each one of the moms in my life is unique — and in their own specialness, they've provided me with a series of gifts I can take with me into the future.

Sister-in-law: The mother of my niece and keeper of my younger brother, she provides for me the comfort of knowing those closest to me are taken care of. Her vision for her family is steadfast and focused; a perfect ballast for my sometimes starry-eyed brother. She has taught me to be open and accepting and that life is bigger than just what's out my front door.

Mother-in-law: She's embraced my two children from a previous marriage like grandkids of her own. She laid the principle foundation for the woman I've partnered with for the rest of my life. The fact that mom-in-law is the primary target of my sarcastic joking and takes it all in stride makes her value limitless.

My wife: Try living with a neurotic, workaholic



► Whether she's your sister, your friend, your aunt or your hairdresser, every woman can be motherly.

journalist. That alone deserves the Medal of Honour. But she's given me stability, she's given me her love — she's given me a beautiful son — she is a willing witness to my life. Perhaps most important, she is my reality check. She snaps me back into place when I'm outta line like any good mom would.

Mom: My true birthplace. It's hard to imagine

the turbulence of our relationship when I was young because it's in such stark contrast to our connection today.

My mom is a rock for our family. She's been my biggest supporter and ally during times when I'm right and when I'm wrong. In times of gravest uncertainty, she has always offered the stability and security I've needed.

All your moms — your mothers, sisters, aunts and grandmas — are treasures. So how shall we reward them this weekend?

Let's start with a pledge to provide to them the same gifts they give to us freely the other 364 days a year: unconditional love and support, and a cuff when we need it.

It's the least they deserve this Mother's Day.

Event & Promotions Management
Students Present:

Mother's Day Brunch

Fundraiser for Canadian Cancer Society Relay For Life

Sunday May 8, 2011
11:30am - 3:00pm
Held at Durty Nelly's Irish Pub

\$20 per ticket includes:

- a two-course meal
- coffee, tea or juice
- a flower for mom
- entry into all prize give-aways
- gratuity

Tickets on sale now:

- Durty Nelly's Irish Pub at corner of Argyle & Sackville
- Centre for Arts & Technology at 1577 Barrington Street
- Gusto Vita at 1440 Bedford Highway

For more information or to reserve tickets contact halifax.cpm@gmail.com

Proud Sponsor

AMOS PEWTER

Marking milestones and memories

Shop for Mother's Day gifts at our new Halifax Waterfront location, now open for the season.

Memories
Picture Holder
\$31

amospewter.com

1751 Lower Water St. Halifax | 589 Main St. Mahone Bay
800.565.3369

scotiasquare



SHOP DOWNTOWN WITH OVER 60 SHOPS & SERVICES

Downtown at the corner
of Duke and Barrington.902 429 3660
halifaxdevelopments.com

Ex-Moose making up for lost time

► Corbeil's fortunes have changed since trade from Herd ► Has 17-1 record, 2.05 goals-against average



MATTHEW WUEST
@METRONEWS.CA

Year after year of losing is now ancient history for Mathieu Corbeil.

Since arriving with the Saint John Sea Dogs in a trade from the Halifax Mooseheads on Jan. 6, the 19-year-old goaltender has seen his fortunes change in a dominating charge to the QMJHL final.

The Sea Dogs have lost just four times in 42 games over four months since Corbeil's arrival — with Corbeil losing just once in 19 appearances.

"It's the most winning team I've ever been on," said Corbeil, who lost 81 of 99 outings with the Mooseheads and played for even worse teams during his midget AAA days in Montreal.

"It's pretty exciting and it's something I needed after all these years of losing."

Despite a 1.54 goals-against average and a .936 save percentage in five play-off appearances, Corbeil will be backing up Jacob DeSerres for Game 1 of the QMJHL final against the vis-

iting Gatineau Olympiques tonight at 7 p.m.

But with five appearances in the playoffs, the six-foot-six 192-pounder says he'll be ready if called upon, crediting heightened confidence for his improved play.

"Playing for the Mooseheads, I had rough patches and really good patches ... But overall, my confidence wasn't there because even if I did play well or the team played well, most of the time we ended up with a loss," he said. "It was really hard to keep improving and moving on from that stuff."

Corbeil, a fourth-round draft choice of the Columbus Blue Jackets, admitted during his days with the Mooseheads there were times where he was "just not having fun." But with a President's Cup and Memorial Cup within his grasp, times have clearly changed.

"It's so fun to go to the rink and to be excited to practice, have fun and play ... to know the odds are on your side and you're probably going to win," Corbeil said. "It's so much different ... and so much fun."



► Mathieu Corbeil, a former Mooseheads goaltender now with the Saint John Sea Dogs, is enjoying winning for the first time in his career.

4

sports

More QMJHL



COLE HARBOUR'S STEPHEN MACAULAY (PICTURED) IS ONE OF FOUR NOVA SCOTIANS WHO COULD BE ON THE ICE FOR THE QMJHL FINAL. MACAULAY, HALIFAX'S STEVEN ANTHONY AND NORTH SYDNEY'S MICHAEL KIRKPATRICK ARE MEMBERS OF THE SAINT JOHN SEA DOGS, WHILE BRIDGEWATER'S JACOB CONRAD IS A FORWARD WITH THE GATINEAU OLYMPIQUES.

THE ANDROIDS ARE AMONG US.

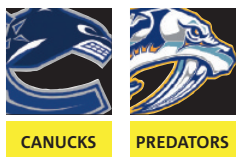
FIND THEM AND YOU COULD WIN BIG.


Find the Androids hidden in Metro newspaper every weekday from April 12 to May 10. See the code? Enter it on Facebook for your shot at great prizes. There's a different code each day, so the more you find, the more you could win.

Start wrangling today, visit [facebook.com/rogers](https://www.facebook.com/rogers)



Canucks look to take hefty lead



► Time: 9:30 p.m.
Channel: CBC

The Vancouver Canucks head into Game 4 of their Western Conference semi-final series against Nashville with home-ice advantage back on their side.

Not that they need it. The Canucks had almost identical home and away records during the regular season and say they feel comfortable no matter where the game is being played.

"For us it doesn't really matter if we are at home or on the road," goaltender Roberto Luongo said. "We have the same record this year."

Vancouver's 3-2 overtime victory over the Predators Tuesday gave the Canucks a 2-1 advantage in the series.

"We got the job done last night to take control of the series, and now Game 4 we can really make a statement that we want the series to end," Canucks forward Chris Higgins said. "We need to come out with that mindset to snag another one here."

For that to happen the Canucks will have to win again in front of a raucous Nashville crowd.

"(Tuesday) night the crowd was amazing and we were able to find a way to get it done," said Canucks forward Alex Burrows. "We just have to go out there and prove it again (tonight)." **THE CANADIAN PRESS**

Caps struck down by Bolts

► Lightning make third round for first time since 2004 Stanley Cup season



► Lightning left-winger Sean Bergenheim celebrates after scoring against the Capitals in Tampa, Fla., last night.

Sean Bergenheim scored two goals and Dwayne Roloson stopped 33 shots as the surging Tampa Bay Lightning completed a series sweep of the top-seeded Washington Capitals with a 5-3 victory in Game 4 last night.

Playing on consecutive nights for the first time this post-season, the Lightning extended their winning streak to seven games to advance to the Eastern Conference finals.

For Alex Ovechkin and the Capitals it was yet another bitter post-season disappointment.



Washington felt the first

three games could have gone either way, with Ovechkin insisting after Game 3 that the series was far from over and that he expected his team to come back and win.

Rookie Michal Neuvirth stopped 32 shots for Washington, but Bergenheim scored twice in eight minutes during the second period to build a 3-1 lead that induced chants of "sweep, sweep, sweep" from a sell-out crowd of 20,835.

Martin St. Louis, Vincent Lecavalier and Steven

Stamkos have elevated their games, but so has Bergenheim, who has a team-leading seven playoff goals. St. Louis' sixth goal of the playoffs, with 3:08 remaining, finished Tampa Bay's scoring.

Ryan Malone and Marc-Andre Bergeron also scored for the Lightning, who have not lost since dropping into a 3-1 hole against Pittsburgh in the first round.

Marco Sturm, John Erskine and John Carlson scored for the Capitals.

THE ASSOCIATED PRESS



► Daniel Paille scores in the second period.

B's up 3-0 once again



Zdeno Chara and David Krejci scored in the opening 63 seconds, and the Bruins added two more goals in a 95-second span in the second period last night to beat the Philadelphia Flyers 5-1 and take a 3-0 lead in the Eastern Conference semifinals.

A year after watching their 3-0 series lead disappear, the Bruins again moved one game from sweeping Philadelphia. This year they have a chance to do it at home, with Game 4 tomorrow night at the TD Garden.

Tim Thomas made 37 saves for Boston, which hasn't reached the conference finals since 1992.

Brian Boucher stopped 16 shots for the Flyers before he was replaced by Sergei Bobrovsky with 4:46 left in the second period after Daniel Paille and Nathan Horton scored to make it 4-0.

THE ASSOCIATED PRESS

Lind powers Jays to win

Adam Lind hit a two-run homer, Brandon Morrow pitched into the seventh inning and the Toronto Blue Jays beat the Tampa Bay Rays 3-2 last night.

Lind connected in the first inning and finished with four hits. He has five

homers and 16 RBIs in his last 12 games.

Morrow (1-1) allowed one run and five hits in 6½ innings. He struck out seven and walked four. Frank Francisco yielded Sam Fuld's RBI single in the ninth before finishing for

his first save.

Tampa Bay starter Jeff Niemann (1-4) left after four innings with back tightness. The right-hander gave up three runs and six hits during a 62-pitch outing.

THE ASSOCIATED PRESS

entity
BOARDSHOP
YOUR LIFESTYLE CLOTHING STORE

ENTITY TURNS 2

MAY 6 - MAY 9
SAVE 15-60% STOREWIDE

JOIN US FOR A BBQ • SATURDAY, MAY 7

1270 BEDFORD HIGHWAY 902 406 3449 WWW.ENTITYBOARDSHOP.COM

HELP WANTED

Business Opportunities

A MEANINGFUL CAREER Get paid for helping families solve financial problems. High earnings potential. Set your own hours. Send resume to: LeGouthro@gmail.com

Place your ad in
Metro classifieds
metroclassifieds.ca
1 800 527-6767

AUTOMOTIVE

Cars & Trucks for Sale

2007 Volkswagen Rabbit
4 door hatchback,
2.5 L, 5 cyl
Only 135k kms
\$14,985
Motomart - 407-4200

2008 Audi A4
4 door, 4 cyl
Automatic
Only 41,000 kms
\$31,995
Motomart - 407-4200

NO INTEREST FOR 12 MONTHS
2006 VW Golf TDI
4 dr, diesel, auto,
pw, pl, cr, air, cd,
exc cond, only 86k
\$14,985 or \$68 weekly, \$0 down
Motomart - 407-4200

NO INTEREST FOR 12 MONTHS
2007 Pontiac G5 coupe
4cyl, auto, pw,
pl, air, cd, low kms,
\$10,985 or \$42 weekly, \$0 down
Motomart - 407-4200

Cars & Trucks for Sale

NO INTEREST FOR 12 MONTHS
2007 Pontiac Vibe
4cyl, 5 spd, air, cd,
70k
\$10,985 or \$51 weekly \$0 down
Motomart - 407-4200

f like us
metro

NO INTEREST FOR 12 MONTHS
2007 Toyota Corolla CE
4 dr, auto, air, cd,
pl, 77k,
\$10,985 or \$51 weekly, \$0 down
Motomart - 407-4200

Condos, Townhouses & Duplexes For Sale

Cars & Trucks for Sale

NO INTEREST FOR 12 MONTHS
2008 Hyundai Accent hatch, 4 cyl, 5 spd, cd
\$8,985 or \$36 weekly, \$0 down
Motomart - 407-4200

f like us
metro

NO INTEREST FOR 12 MONTHS
2009 Chev HHR
4 dr, 4 cyl, auto, air,
pw, pl, cr, cd,
only 13k,
\$14,985 \$58. weekly \$0 down
Motomart - 407-4200

Condos, Townhouses & Duplexes For Sale

Cars & Trucks for Sale

NO INTEREST FOR 12 MONTHS
2010 Ford Ranger Ex Cab Sport
4x4, auto, cd, air, cap
32k, like new
\$20,900 or \$68 weekly, \$0 down
Motomart - 407-4200

NO INTEREST FOR 12 MONTHS!
2009 Chev Aveo 5,
auto, cd, like new
only 29k warranty
remaining only
\$10,900 or \$42 weekly, \$0 down
Motomart - 407-4200

Garage/Yard Sales

Harbourview Weekend Market Farmers • Flea Crafts • Antiques

Open Sat & Sun
9am-4pm
42 Canal St, Dart.
Vendor Inquiries 407-3323

Main Street Flea Market & Bargain Brothers Liquidation

Every Sunday
9am-3pm
\$10 Table Rentals
613 Main St, Dart.
292-6130 or 880-6129

MERCHANDISE

Merchandise for Sale

2 ornate wrought iron pieces for gates or windows (call for price)
15 cub foot deepfreeze \$75.00
For more info please call: (902)435-1010

f like us



Garage/Yard Sales

OPEN THIS SUNDAY

FLEA MARKET

OVER 100 TABLES

BEDFORD PLACE MALL

EVERY SUNDAY 9AM-3PM

6' Table: \$16 • 8' Table \$22
CALL TODAY 902-463-2561

Houses For Sale

ODEI
ONTARIO DENTAL EDUCATION INSTITUTE
STUDY IN ONTARIO TO BECOME A DENTAL HYGIENIST IN LESS THAN 2 YEARS!
To learn more about this rewarding career, we will be holding an Information Seminar at Best Western Chocolate Lake 20 St. Margaret's Bay Road, Halifax Monday May 9, 2011 7:00 - 8:00 pm
Hope To See You There!
1-866-979-ODEI (6334)
www.on-dei.com

Cars & Trucks for Sale

Cars & Trucks for Sale

DARTMOUTH
Where Nova Scotia Comes to Save!
469-9050 • DDODGE.COM

 2010 Chrysler PT Cruiser Reduced to Just \$13,777 STK# CH213912	 2010 Dodge Charger SXT Just \$19,995 STK# CH236130
 2010 Dodge Grand Caravan SE Plus Just \$19,995 STK# 362036	 2009 Toyota Venza All Wheel Drive Reduced to Just \$29,777 STK# 11GC3562A
 2010 Jeep Grand Cherokee Limited Reduced to just \$29,777 STK# CH144355	 2010 Chrysler 300 Limited Just \$24,995 STK# CH239761
 2010 Jeep Compass 4X4 North Edition Just \$21,495 STK# CH581088	 2008 Dodge Nitro 4X4 SLT Just \$18,995 STK# 11GC6048A
 2008 Chrysler Town & Country Just \$21,995 STK# 11TC4177A	 2010 Chrysler Sebring Limited Just \$18,995 STK# CH184291

Apartments Unfurnished

Apartments Unfurnished

HALIFAX APARTMENTS
A location you will love, at a price you can afford
Ask about our great move in specials!
1881 Brunswick Street
Pool & fitness facility, amazing views of Citadel Hill and Halifax Harbour
Downtown living doesn't get any better!
Call Now 422-5747 www.halifaxapts.ca

Houses For Sale

Houses For Sale

Houses For Sale

Houses For Sale

From **\$264,900**
When you've built over 250 EnerGuide homes and won multiple industry awards for craftsmanship, everything is GREENER on our side of the fence!
And now, the legacy continues.
Introducing... Morningfield Lane
BUY NOW and ALL Energy Costs are **PAID FOR 1 YEAR!**
*Details at Sales Center

Russell Lake West's Most Elegant Townhouse Address
(Portland St. to Baker Dr. to Basswood Run to Morningfield Lane)
Eleanor O'Hara
830-1200
questrealty.ca
QUEST REALTY
INTEGRITY. EXPERIENCE. RESULTS.

PETS

Dogs

Cavalier King Charles Spaniel Puppies
All colors - \$600-\$650 - 3 Blenheims - \$800
Vet checked, needled, dewormed & very
healthy. Call for more info. 902-765-0885



PERSONALS

Personals

Busty Brunette Bombshell!
www.independentscorthalifax.com
Call or Text for more information
292-1173

RED HOT COUGAR ESCORT/MASSAGE
Lana 209-6852
In-service or out-service.
www.RedHotCougar.com

Business Personals

Smokers - Quit The BEST
Non drug - world wide proven therapy
[Laser Auriculo Medicine](http://www.LaserAuriculoMedicine.com)
Smokers call for information at 452-3138

Massage/Therapists

John Panter, Certified Rolfer™



Rolfing® has a remarkable ability to change, directly and rapidly, the physical structure of the client.

902 425 2612 • fareast@auracom.com

HEALTH & BEAUTY

Hair & Makeup



Steve MacLeod formerly of Sykea would like to welcome former and new clients to The Hair Studio and Esthetics at Sears Halifax Shopping Center.
For appointment please call 455-1104. On Saturday May 7th Steve will be on the main level participating in the Refresh Your Style Event where he will be doing complimentary consultations, style tips, and giving 10.00 gift cards for visiting our booth. So don't miss out on this exciting event for Mother's Day



HOUSEHOLD SERVICES

General Services

CARPET
Quality Plush/Berber. Will do LR & Hall fr \$389. Carpet pad & install included (25yds) Phil, 444-4766 www.carpetdeals.ca

Landscapers/Gardening



Lawn Mowing & Landscaping Services
Spring Aeration Available
Lawns - starting at \$30
online at www.rdhfx.com
902-220-6480

Trades

ADANAC CONSTRUCTION Free Estimates.
Carpentry, siding, windows, doors, decks & floors. We build sheds, garages etc...
FULLY INSURED Call Stephen at 469-0536

AFFORDABLE renovations
by GRAIN
"Your Renovation Specialists"
www.grainspaces.ca, (902)402-6494

Halifax Insulators Limited
902-456-1151 902-860-0186
Spray Foam Insulation
www.hfxinsulators.com

PAINTING SERVICES - Over 20 years exp.
From fine detail trim, very straight lines, rolling and spraying. Free Estimates. Fully Insured. 902-981-5651 - 902-256-2436

Landscapers/Gardening



Green Heritage
TREE SERVICES LTD.

Tree removals, pruning & more!
Fully insured, professional and safety certified. Earth Day celebrated with 250 trees planted!

902-789-TREE (8733)
www.greenheritagetreeservices.com

Trades

TREE CUTTING SERVICES - Over 20 years exp.
From full tree removal, limbing, pruning and chipping. Free estimates. Senior discounts. Fully Insured. 981-5651-cell 256-2436-home

Does your parrot talk too much?

Place your ad in
Metro classifieds
metroclassifieds.ca
1 800 527-6767

General Services

General Services

PATCHWORKS
ASPHALT SERVICES

PAVE YOUR DRIVEWAY & SAVE!!

- We Build New Driveways
- We Repair Cracks & Pot Holes
- We Recoat Driveways
- We Build Gravel Driveways
- We Spray Seal Driveways
- All Work Guaranteed

FREE ESTIMATES
471-7277

SERVING ALL OF HRM • www.PatchworksPaving.ca 4919640



find us



follow us



like us

We're all over your city in more ways than one. Metro brings you breaking news and great reviews.



DOWNLOAD THE NEW METRO APP FOR YOUR BLACKBERRY, IPHONE AND IPAD.
FREE from BlackBerry App World and the App Store.



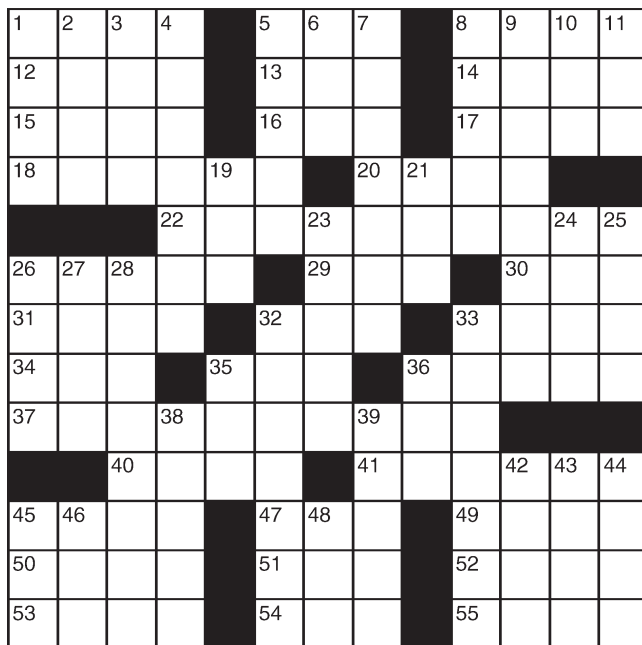
Crossword

Across

- 1 Painter Chagall
5 G-men's org.
8 Somewhere out there
12 Hexagonal state
13 Part of UCLA
14 Location
15 Short skirt
16 Listener
17 Coaster
18 Smother
20 Son of Eve
22 New Year's Eve figure
26 Jazzy style
29 In the manner of
30 Campaigner, for short
31 Destroy
32 9mm submachine gun
33 Antitoxins
34 Playwright Levin
35 Indivisible
36 Bygone
37 Principal supply
40 Aesopian also-ran
41 Utter foolishness
45 Troubles
47 Piercing tool
49 Adhesive
50 Academic
51 Female deer
52 H.S. subj.
53 Hardly muscular
54 Hebrew letter
55 Pith helmet

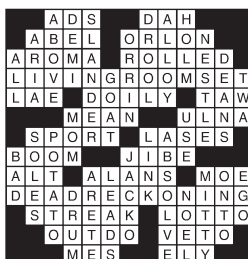
Down

- 1 "— the word"
2 Persisting
3 Hindu royal
4 Sheer silk fabric
5 Armada
6 Feathery accessory
7 Tel Aviv resident
8 No liability
9 Flicked a finger
10 Dined
11 Scarlet
19 Once around
21 Support system?
23 Ted Key's cartoon maid
24 Additional
25 Verve
26 Fedora feature
27 Modern-day money
28 Skiing-shooting

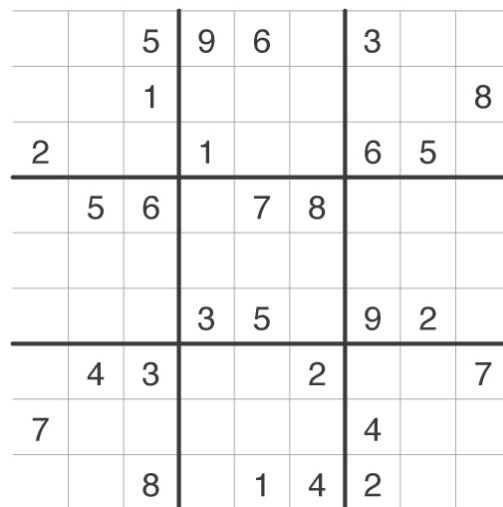


- 22 combo
23 Ill-prepared
24 Dexterity
25 "— the ramparts ..."
26 Peculiar
27 Rash
28 Lubricated
29 Hodgepodge
30 Point
31 Bigfoot's cousin
32 Mischief-maker
33 Mary — Retton
34 Court

► Yesterday's answer



Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ►

4	2	5	3	8	7	9	6	1
6	8	9	4	5	1	2	3	7
7	1	3	2	6	9	8	5	4
3	9	4	1	7	6	5	2	8
1	6	8	9	2	5	7	4	3
5	7	2	8	4	3	6	1	9
9	3	6	7	1	2	4	8	5
2	4	7	5	3	8	1	9	6
8	5	1	6	9	4	3	7	2

Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

Scott Ingraham,
hey my muffin man ... I just want to let you know how much I love you and adore you. You are my soul mate!
Love Pie Xoxo
From KELLY

Jeffrey Secret Crush,
You may not love me as much as I love you. The day we might end up together would be a dream come true. Even though I'm not like what other girls may be, I honestly hope that you might one day see. My love for you is like an endless river. Your gentle smile just gives me shivers. I contain so much love for you that you don't even know, that's why I'm writing to you through my favourite newspaper Metro. I ask for just one favor from up above, please let Jeffrey see my love.
From MINNIE

Today's horoscope

♈ **Aries** March 21-April 20 It may seem as if things are going wrong, but there is meaning among the madness.

♉ **Taurus** April 21-May 21 Don't try to cling to something that has clearly come to the end of its allotted span.

♊ **Gemini** May 22-June 21 There is a danger that you will aim too high too soon and taste failure instead of success.

♋ **Cancer** June 22-July 22 It takes all sorts to make such an interesting world.

♌ **Leo** July 23-Aug. 23 Make an extra special effort to keep your temper in check over the next 24 hours.

♍ **Virgo** Aug. 24-Sept. 22 If you go out of your way to help someone now they will go out of their way to help you later on.

♎ **Libra** Sept. 23-Oct. 23 There is no point trying to change things that cannot be changed.

♏ **Scorpio** Oct. 24-Nov. 22 Stop beating yourself up about things you should have done but didn't. It's no big deal.

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♐ **Sagittarius** Nov. 23-Dec. 21 Like it or not today's events will force you to make changes to your schedule.

♑ **Capricorn** Dec. 22-Jan. 20 Someone will give you a hard time about what you are doing today but you must not let it change your plans in any way.

♒ **Aquarius** Jan. 21-Feb. 18 Make the best of the situation you happen to find yourself in.

♓ **Pisces** Feb. 19-March 20. If you believe it, it will make it come true. ● SALLY BROMPTON

Caption contest



WIN! You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

FLIGHT CENTRE Unbeatable

Bahamas 3-Night Cruise

\$179

USD

+ taxes & fees USD \$59

CRUISE roundtrip Port Canaveral and visit Nassau & CocoCay.

1 866 967 5402 | flightcentre.ca

Conditions apply. Cruise prices are per person, based on double occupancy for total length of stay unless otherwise stated. Prices are for select departure dates and are accurate and subject to availability at advertising deadline, errors and omissions excepted, and subject to change. Taxes & fees include transportation related fees, GST/HST and fuel supplements and are approximate and subject to change. rcroyal caribbean. Head office address: 1 Dundas St W Suite 200, Toronto, ON. Call for retail locations. ONT. REG #4671384

LOVE TO PLAY?

Get more Metro puzzles and games on your iPhone with the FREE Metro Play app — updated daily!

Available on the App Store

metr play



DOWN DRIVE AWAY - MAY DAYS AT DARTMOUTH DODGE Metro's #1 Truck Centre

**2011 RAM
QUAD CAB
SXT 4X4**

**\$199^{*BI}
WEEKLY
TAX AND GAS
INCLUDED**



4.7L V8 • 5 Speed Auto • SXT Appearance Group • Security Group • Power & Remote Entry Group • U-Connect Hands Free Communication
Air Conditioning Underseat Ducts • Class IV Receiver Hitch • Part-Time 4WD • Seating Capacity of 6

OVER 100 TO CHOOSE FROM!

**YOUR
CHOICE**

ON THE GROUND OR "ON THE WAY"!

**For \$10 more
Bi-weekly add**

**Running
Boards**



**Box Liner
(Spray in or Plastic)**



**Moulded Mud
Flaps**



**2011 RAM
CREW CAB
SXT 4X4**

**\$221^{*BI}
WEEKLY
TAX AND GAS
INCLUDED**

5.7L V8 Hemi • 5 Speed Auto • Part-Time 4WD • SXT Appearance Group • Security Group • 17" Chrome Wheels • Seating Capacity of 6
Power & Remote Entry Group • Auto-locking Hub Control • Air Conditioning Underseat Ducts • 40-20-40 Split Bench Front Seat



DARTMOUTH

CHRYSLER DODGE Jeep RAM

Where Nova Scotia Comes to Save!

**Earn 1000 Reward Miles on any
new or used vehicle purchase**



1000
reward miles

*Payments include taxes, fees and full tank of gas.